



**DEPARTMENT OF SERVICES FOR CHILDREN, YOUTH & THEIR FAMILIES  
DIVISION OF CHILD MENTAL HEALTH SERVICES INTAKE SERVICES  
1825 Faulkland Road Wilmington, DE 19805 (302) 633-2571 or (302) 633-2591**

**Please fill out this form as completely as possible and call if you need assistance.**

**Fax this form to (302) 633-2614**

|                                                               |              |                    |            |  |
|---------------------------------------------------------------|--------------|--------------------|------------|--|
| Date:                                                         | Client Name: |                    | DOB:       |  |
| Gender: <input type="checkbox"/> M <input type="checkbox"/> F |              | Race:              | Ethnicity: |  |
| Child's Current Address:                                      |              |                    |            |  |
| City/Town:                                                    | County:      | State:             | Zip:       |  |
| Education Classification:                                     | School:      | Grade:             |            |  |
| With whom does child live?                                    |              | Relation to child: |            |  |

**Mother Name :** \_\_\_\_\_ **Address:** \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Employer: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

**Father Name:** \_\_\_\_\_ **Address:** \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Employment: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

**Custodian Name:** \_\_\_\_\_ **Address:** \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Employment: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

Private Insurance ? : ☐ Y ☐ N Name of company: \_\_\_\_\_

Is insurance exhausted? ☐ Yes ☐ No ☐ Unknown

If insurance was denied, was it appealed? ☐ Yes ☐ No ☐ Unknown

If you have copies of letters from the insurance company or appeal, please attach.

Current MEDICAID?: ☐ Y ☐ N ☐ Unknown

Court Involvement: Charges pending? : ☐ Y ☐ N Please attach available court orders.

**When legible recent treatment records and assessments are attached, "see attached " is an acceptable response to questions below.**

Most Recent Previous Treatment history:

| Mental Health or Substance Abuse Treatment Provider: | Outpatient, day, residential, or hospital? | Admit Date | Discharge date |
|------------------------------------------------------|--------------------------------------------|------------|----------------|
|                                                      |                                            |            |                |
|                                                      |                                            |            |                |
|                                                      |                                            |            |                |
|                                                      |                                            |            |                |

**Current Therapist, Agency, number of sessions in last month**

What child mental health or substance abuse problems do you want treated ?

- 1.
- 2.
- 3.
- 4.

Has the child threatened to hurt him/her self or actually injured him/her self? Has the child put him/her self in danger? Is there a family history of self-harm?

Describe past and present aggressive or violent behavior in the school, at home, and/or in the community:

Describe any use of drugs or alcohol by child and family.

Has the child been physically or sexually abused?

Has the child been involved in or witnessed serious violence or life threatening situations?

List all serious medical problems and significant disabilities.

Who is the child's family doctor?

Phone if known:

List other doctors the child sees regularly and reason:

| Current medicine | dose | Doctor who prescribed |
|------------------|------|-----------------------|
|                  |      |                       |
|                  |      |                       |
|                  |      |                       |
|                  |      |                       |
|                  |      |                       |

What challenges has the family faced?

What are the child and family's strengths and interests?

If known, Most Recent Diagnosis:

By Whom:

Date:

Axis I:

Axis II:

Axis III:

Print Name of Applicant \_\_\_\_\_ Phone \_\_\_\_\_

Relationship to Child \_\_\_\_\_

Organization/Agency \_\_\_\_\_ Position \_\_\_\_\_

Signature \_\_\_\_\_

**Parent/Guardian Signature (required)** \_\_\_\_\_

**If parent is not the applicant, include a consent for release of information signed by parent/custodian so that we know that the family supports the application.**



# DEPARTMENT OF SERVICES FOR CHILDREN, YOUTH AND THEIR FAMILIES

Delaware Youth and Family Center

## CONSENT FOR THE RELEASE OF CONFIDENTIAL ALCOHOL OR DRUG TREATMENT INFORMATION

I, \_\_\_\_\_, authorize  
(Print name of youth)

Please check appropriate box:

- ☐ Division of Family Services (DFS)  
☐ Division of Youth Rehabilitation (YRS)  
☐ Parent / Guardian  
☐ Family Court  
☐ Superior Court

- ☐ Department of Education (DOE)  
☐ Multi Disciplinary Team (MDT)  
☐ Deputy Attorney General's Office (DAG)  
☐ Public Defender (PD) / Private Attorney (PA)  
☐ Other (Please specify): \_\_\_\_\_

☐ To disclose ☐ To receive from the Division of Child Mental Health Services the following information:

All information pertinent to substance abuse, including verbal communication, treatment progress and assessment, drug screen reports, and discharge summary.

The purpose of the disclosure authorized herein is to: Assist in completion of Child Mental Health evaluation(s), treatment recommendations, and / or placement.

I understand that my records are protected under the federal regulations governing confidentiality of Alcohol and Drug Abuse Patient Records, 42 CFR Part 2, and cannot be disclosed without my written consent, unless otherwise provided for in the regulations. I have the right to receive a copy of this form after completing it. I also understand that I may revoke this consent at any time except to the extent that action has been taken in reliance on it, and that in any event, this consent expires automatically as follows:

**THIS AUTHORIZATION WILL EXPIRE SIX (6) MONTHS FROM DATE OF SIGNATURE**

\_\_\_\_\_  
Signature of Youth  
(mandatory for 14 y.o. and older)

\_\_\_\_\_  
Print Name of Youth

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent or Guardian  
(mandatory if client under 14 y.o.)

\_\_\_\_\_  
Print Name of Parent or Guardian

\_\_\_\_\_  
Date

### PROHIBITION ON REDISCLOSURE OF INFORMATION CONCERNING CLIENT IN ALCOHOL OR DRUG ABUSE TREATMENT

This notice accompanies a disclosure of information concerning a client in alcohol/drug abuse treatment, made to you with consent of such a client. This information has been disclosed to you from records protected by Federal confidentiality rules (42 CFR Part 2). The Federal rules prohibit you from making further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The Federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient.



## **CONSENT FOR RELEASE OF CONFIDENTIAL INFORMATION** **DIVISION OF CHILD MENTAL HEALTH SERVICES**

Please send to the County in which client permanently resides

**KENT**

821 Silver Lake Blvd, Suite 102  
Dover, De 19903  
Phone: (302) 739-4194  
Fax: (302) 739-5701

**NEW CASTLE**

1825 Faulkland Road  
Wilmington, DE 19805  
Phone: (302) 633-2579  
Fax: (302) 633-5116

**SUSSEX**

11-13 North Church St.  
Milford, DE 19963  
Phone (302) 422-1425  
Fax: (302) 424-2960

Client Name: \_\_\_\_\_ DOB: \_\_\_\_\_

I \_\_\_\_\_ hereby authorize Child Mental Health Services (CMHS)

☐ To Release Verbal / Written Information to: ☐ To Obtain Verbal / Written Information from:

**AGENCY NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_  
\_\_\_\_\_

The type of information to be disclosed is:

- |                                                        |                                                        |                                        |
|--------------------------------------------------------|--------------------------------------------------------|----------------------------------------|
| <input type="checkbox"/> Admission / Discharge Summary | <input type="checkbox"/> Speech / Language Evaluations | <input type="checkbox"/> X-Ray Reports |
| <input type="checkbox"/> Psychosocial Evaluations      | <input type="checkbox"/> Progress Summaries            | <input type="checkbox"/> Other: _____  |
| <input type="checkbox"/> Psychological Evaluations     | <input type="checkbox"/> Medication History            |                                        |
| <input type="checkbox"/> Psychiatric Evaluations       | <input type="checkbox"/> MRI / Neurology Evaluations   |                                        |

The purpose of this information disclosure is to assist in completion of Child Mental Health evaluation(s), treatment recommendations, and /or placement.

**This authorization is valid until:** \_\_\_\_\_ Six months from the date of signature.  
\_\_\_\_\_ The following event or date, not to exceed one (1) year.

**This consent may be revoked at any time, except to the extent that action has been taken in reliance on it. The person completing this form has a right to receive a copy. This form is invalid unless all sections are completed. Do not sign this form unless a specific request has been made and the request is in your child's best interest.**

\_\_\_\_\_  
Client Signature (If applicable)      Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Parent, Guardian, Custodian Signature (Circle one) Date

\_\_\_\_\_  
Print Name

**This information has been disclosed from records whose confidentiality is protected by federal and state law. Any further disclosure is prohibited without the specific written consent of the person to whom it pertains, or as otherwise permitted by federal or state regulations. A general authorization for the release of medical or other information is NOT sufficient for this purpose.**

**STATE OF DELAWARE**  
**EARLY AND PERIODIC SCREENING, DIAGNOSIS, TREATMENT (EPSDT)**  
**MENTAL HEALTH AND SUBSTANCE ABUSE SCREEN**

Child's Name \_\_\_\_\_ DOB \_\_\_\_\_

Date of Screen \_\_\_\_\_ Name of Screener \_\_\_\_\_

Title \_\_\_\_\_ Agency \_\_\_\_\_

Source of Information \_\_\_\_\_ Relationship to Child \_\_\_\_\_

**The purpose of this screen is to identify children who may be in need of help with behavioral or emotional problems and/or who have risk factors associated with the development of behavioral or emotional problems. Not all children identified through this screen may require ongoing mental health treatment, however, if a child is identified, a referral for a more in-depth assessment may be made.**

**PART I**

1. Is this screen being performed as part of the standard health screen (without specific problems being articulated?)

YES NO

If yes, skip to PART II.

If no, complete numbers 2 - 3 below before completing PART II.

2. Is this screen being performed because there is a mental health emergency? (Immediate danger to self/others due to suicidal/homicidal threats/gestures/attempts in response to mental illness or emotional disturbance)

YES NO

If yes, what is the emergency?

3. Is this screen being performed in response to someone in the child's environment who has expressed concern about her/his current mental health adjustment or because substance abuse is suspected?

YES NO

If yes, who expressed concern? \_\_\_\_\_

Relationship to the Child \_\_\_\_\_

What is the concern?

**PART II - DIRECTIONS**

Screener should consider a child's age, developmental and intellectual level and overall functioning in identifying problems. Check the 2nd column if the problem has been observed within the last month. Check the 3rd column if the problem has ever been observed. Both columns can be checked or left blank.

| CHILD'S PROBLEMS                                                                                                           | In last month | Ever |
|----------------------------------------------------------------------------------------------------------------------------|---------------|------|
| 1. Excessive irritability                                                                                                  |               |      |
| 2. Overly sensitive to environment (noise, touch) which causes distress                                                    |               |      |
| 3. Excessive sadness, crying, withdrawal                                                                                   |               |      |
| 4. Excessive fears or worries, difficulty separating from parents, school refusal                                          |               |      |
| 5. Recurrent intrusive thoughts or senseless repetitive behaviors, such as hand washing, lock checking, organizing objects |               |      |
| 6. Suicidal thoughts, threats, gestures or attempts                                                                        |               |      |
| 7. Hallucinations (sees or hears things that aren't there), delusions (has strong beliefs which have no basis in reality)  |               |      |
| 8. Difficulty in concentration                                                                                             |               |      |
| 9. Irregular or problematic sleep patterns                                                                                 |               |      |
| 10. Many nightmares                                                                                                        |               |      |
| 11. Irregular or problematic eating/appetite patterns                                                                      |               |      |
| 12. Problems in activity patterns (over-active or under-active )                                                           |               |      |
| 13. Injures self, e.g., cutting, head-banging                                                                              |               |      |
| 14. Enuresis or Encopresis (wetting or soiling)                                                                            |               |      |
| 15. Inability to give or receive appropriate affection to primary caregivers                                               |               |      |
| 16. Inability to accept appropriate limits                                                                                 |               |      |
| 17. Easily angered or excessive anger or other strong emotion.                                                             |               |      |
| 18. Frequent, intense, uncontrollable temper tantrums                                                                      |               |      |
| 19. Verbally threatening                                                                                                   |               |      |
| 20. Physically violent                                                                                                     |               |      |
| 21. Cruel to animals                                                                                                       |               |      |
| 22. Willful destruction of property                                                                                        |               |      |
| 23. Fire setting                                                                                                           |               |      |
| 24. Sexually preoccupied or inappropriate sexual activity                                                                  |               |      |
| 25. Running away                                                                                                           |               |      |
| 26. Suspected or confirmed abuse of alcohol or other drugs/substances                                                      |               |      |
| 27. Adolescent's pregnancy is/was related to behavioral/emotional difficulties                                             |               |      |
| 28. Parenting (Youth is having trouble parenting his/her child(ren))                                                       |               |      |
| 29. Medical condition complicated by emotional disturbance or medical noncompliance                                        |               |      |
| 30. Persistent unrealistic worry over physical health                                                                      |               |      |
| 31. Problems in school/vocational activity (attendance, behavior, learning, performance)                                   |               |      |
| 32. Suspected or confirmed victim of physical, sexual or emotional abuse                                                   |               |      |
| 33. Problems in interpersonal relationships (family and/or authority figures)                                              |               |      |
| 34. Problems in interpersonal relationships (same age peers)                                                               |               |      |
| 35. Confirmed or suspected developmental delay                                                                             |               |      |
| 36. Arrested, detained, or on probation                                                                                    |               |      |
| 37. Homicidal                                                                                                              |               |      |
| 38. Gambling                                                                                                               |               |      |
| 39. Avoids people, places or things                                                                                        |               |      |
| 40. Always seems jumpy or afraid                                                                                           |               |      |
| 41. Gets upset when remembering bad thing that have happened to him/her.                                                   |               |      |

| PROBLEMS IN CHILD'S ENVIRONMENT                                                                                                                                                                                                         | Within last month | Ever |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|------|
| 1. Substance abuse and/or mental illness of biological parent(s)                                                                                                                                                                        |                   |      |
| 2. Substance abuse and/or mental illness of current caretaker(s) (if not living with biological parents)                                                                                                                                |                   |      |
| 3. Substance abuse or mental illness of current household member (other than parent)                                                                                                                                                    |                   |      |
| 4. Incarceration or arrest record of biological parent(s)                                                                                                                                                                               |                   |      |
| 5. Incarceration or arrest record of current caretaker (if not living with parents)                                                                                                                                                     |                   |      |
| 6. Domestic violence                                                                                                                                                                                                                    |                   |      |
| 7. Instability of residential arrangement, e.g., homelessness, multiple placements                                                                                                                                                      |                   |      |
| 8. Psychosocial stressors, e.g., death, absence or loss of significant person in child's life and/or multiple life changes, serious illness in family, economic problems                                                                |                   |      |
| 9. Inadequate or inappropriate parental supervision and/or discipline                                                                                                                                                                   |                   |      |
| 10. Suspected or confirmed victim of caregiver neglect, e.g. failure to provide food, shelter or clothing.                                                                                                                              |                   |      |
| 11. Child has experienced traumatic event, e.g. flood, hurricane; frightening medical procedure; being or seeing someone severely injured (accident or assault); seeing a dead body or someone killed. Please explain<br>_____<br>_____ |                   |      |

**Submission of this form does not constitute a formal abuse report. As a mandated reporter, a screener is legally obligated to report suspected child abuse or neglect to DFS. (1-800-292-9582)**

Any other problems not mentioned on this screen

**PART III Check one of the following:**

- A. \_\_\_\_\_ Child NOW has at least one of the problems listed in Part II but is currently receiving services to deal with them.
- B. \_\_\_\_\_ Child NOW has at least one of the problems listed in Part II and is not receiving services to deal with them.
- C. \_\_\_\_\_ Child does not NOW have any of the problems listed in Part II according to the screener.

**PART IV Check one of the following:**

- A. \_\_\_\_\_ Child has IN THE PAST had at least one of the problems listed in Part II and has received services to deal with them.
- B. \_\_\_\_\_ Child has IN THE PAST had at least one of the problems listed in Part II but has never received services to deal with them.
- C. \_\_\_\_\_ IN THE PAST, child has not had any of the problems listed in Part II according to the screener.

**NOTE:** The screener should make a referral to outpatient services if there is a check anywhere on this screen and the client has not received treatment to fully address the issue.

Screener Signature \_\_\_\_\_ Date \_\_\_\_\_

Agency/Position \_\_\_\_\_ Telephone \_\_\_\_\_

Parent/Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Revised 7/01/2006

Revised: 1/5/06